

# THE DELI

SERVED WITH HOUSE MADE CHIPS, COLESLAW OR APPLESAUCE AND A PICKLE

## TUNA MELT

White Tuna Salad, Cheddar Jack Cheese, Pretzel Roll  
8.50 | 456 Cal

## CHICKEN CAESAR WRAP

Romaine Lettuce, Chicken, Tomato, Parmesan Cheese  
7.95 | 533 CAL

## CLASSIC CLUB

Ham or Turkey with American Cheese, Lettuce, Tomato  
Bacon, White or Wheat Toast  
7.95 | 750 Cal

## TURKEY, BACON, AVOCADO- GRILLED CHEESE

Oven Roasted Turkey, Cheddar Cheese, Avocado  
Smoked Bacon on Wheat  
8.50 | 705 Cal

## B.L.T SANDWICH

Bacon, Lettuce, Tomato and Mayo on White, Wheat or Rye  
Toast  
7.50 | 528 Cal

## BYO DELI SANDWICH \$7.50 OR ½ BYO DELI SANDWICH & SOUP

Protein | Turkey, Ham and Tuna Salad  
Cheese | American, Cheddar, Provolone, Swiss  
Toppings | Lettuce, Tomato, Onion  
Bread | White, Wheat or Rye  
7.50 | *from* 360 Cal

2,000 calories a day is used for general nutrition  
advice, but calorie needs vary

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