

Adult Day Newsletter



Spring 2025

Upcoming Early Dismissals & Holiday Schedules

Good Friday | Friday, April 18 |
closing at 3:00 pm

Memorial Day | Monday, May 26 | Closed

Independence Day | Friday, July 4 | Closed

Reminder: With warmer weather arriving (thankfully!), please exchange your loved one's winter clothing (heavy sweaters, long sleeved shirts, etc.) with spring/summer clothing. Our team members will gladly assist you with the exchange.

Nurses Note - Medical Updates

Adult Day requires clients to receive a medical evaluation upon admission and annually thereafter. Although this is the requirement for Adult Day Services, it is the responsibility of families and caregivers to give us updated medical information including medication changes (new or discontinued), diagnoses updates, or anything else that has changed since the previous required medical evaluation Adult Day has on file. It is also important to know about any blood thinners or medications that may impact your loved one's mental status, blood pressure, or urinary/bowel movements.

Additionally, if your loved one is receiving physical or occupational therapy in the community, please let us know.

Communication

It is imperative for families to communicate to Adult Day team members, upon arrival, of any recent falls or any other medical emergencies that may have occurred outside of Adult Day. This information can help us better care for your loved one.

The Shared Journey Group

(Caregiver Support Group)

Location: Messiah Lifeways Summit Place in Village Square (3rd Floor)

When: 2nd & 4th Friday, 1:00 pm

*Flyers located in the brochure holder outside of Adult Day

Companion Cards

The person I'm with has dementia, they may need extra assistance and patience.

Thank you for your support and understanding.



Having a loved one diagnosed with dementia or Alzheimer's can come with questions, such as: *What will people think if my spouse or parent starts talking about strange things, their mannerisms seem different, or they don't interact like they once did? Will my loved one feel embarrassed? Will I feel embarrassed? Will people understand?*

There is an easy resource you can use. Often called Companion Cards, Alzheimer's Cards, or Info Cards, these small business-card size cards provide a simple message, letting individuals you interact with know that your loved one has dementia or Alzheimer's and to give them a little extra time and kindness.

We have Companion Cards available at Adult Day. Please ask a team member for a stack and hand them out discreetly to people you interact with in public. A little education for anyone can make a difference!

Inspired Thoughts

"To plant a garden is to believe in tomorrow"
- Audrey Hepburn

"Nature gives to every time and season some beauties of its own." - Charles Dickens

Caregiver Connection

Keep an eye out for the spring/summer edition of the Caregiver Connection newsletter, which will focus on creative communication techniques with your loved one.

Automated Messages

We use an automated system to send out communications via phone call, text message, and/or email with important information about Adult Day.

Please make sure we have your most up-to-date phone number(s) on file to ensure that you receive these important messages. The messages will come from our main line, 717.697.4666.

In the event of an early dismissal, closing early, or your loved one is not feeling well, it is important to have a daily backup plan in place.

Winter Fun



Feeding our Feathered Friends



Valentine's Day



Christmas

