

Mechanicsburg Place

Activity Calendar

March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 10:00 am Devotions 12:00 noon Games/Cards 12:30 pm Tai Chi for Arthritis/Fall Prevention- \$3/pp</p>	<p>4 9:00 am Billiards 10:00 am Games/Cards</p>	<p>5 9:00 am Billiards 10:00 am Healthy Steps 10:00 am District on the Go 12:00 noon Struggling Musicians 12:00 Dice/Card games</p>	<p>6 9:00 am Billiards 10:00 am Chair Yoga – DVD 12:00 Blood Pressure 12:00 noon Dice/Card games</p>	<p>7 9:00 am Billiards 10:00 am Line Dancing 12:30 pm Card Bingo 1:30 pm Cards/Games</p>
<p>10 10:00 am Devotions 12:00 noon Gnome Craft 12:00 noon Games/Cards 12:30 pm Tai Chi for Arthritis/Fall Prevention- \$3/pp</p>	<p>11 9:00 am Egg Making 9:00 am Billiards 10:00 am Games/Cards 10:00 am Vinnie w/Beltone</p>	<p>12 9:00 am Billiards 10:00 am Healthy Steps 12:00 noon Struggling Musicians 12:00 Dice/Card games</p>	<p>13 9:00 am Egg Making 9:00 am Billiards 10:00 am Tai Chi – DVD 12:00 Blood Pressure 12:00 noon Dice/Card game</p>	<p>14 CLOSED PIZZA PARTY</p>
<p>17 10:00 am Devotions 12:00 noon Games/Cards 12:30 pm Tai Chi for Arthritis/Fall Prevention- \$3/pp</p>	<p>18 9:00 am Egg Making 9:00 am Billiards 10:00 am Games/Cards</p>	<p>19 9:00 am Billiards 10:00 am Healthy Steps 12:00 noon Struggling Musicians 12:00 noon Dice/Card games</p>	<p>20 9:00 am Egg Making 9:00 am Billiards 10:00 am Chair Yoga – DVD 12:00 Blood Pressure 12:00 noon Dice/Card game</p>	<p>21 9:00 am Billiards 10:00 am Line Dancing 12:30 pm Bingo w/John 1:30 pm Cards/Games</p>
<p>24 10:00 am Devotions 12:00 noon Games/Cards 12:30 pm Tai Chi for Arthritis/Fall Prevention- \$3/pp</p>	<p>25 9:00 am Egg Making 9:00 am Billiards 10:00 am Games/Cards</p>	<p>26 9:00 am Billiards 10:00 am Healthy Steps 12:00 noon Struggling Musicians 12:00 noon Dice/Card games</p>	<p>27 9:00 am Egg Making 9:00 am Billiards 10:00 am Tai Chi – DVD 12:00 Blood Pressure 12:00 noon Dice/Card game</p>	<p>28 9:00 am Billiards 10:00 am Line Dancing 12:30 pm Bingo w/Wendy 1:30 pm Cards/Games</p>
<p>31 10:00 am Devotions 12:00 noon Games/Cards 12:30 pm Tai Chi for Arthritis/Fall Prevention- \$3/pp</p>				<p>Activities are subject to change due to team member availability, weather, and other conditions beyond our control</p>

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Menu

March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Baked Meatloaf w/ Gravy Baked Potato w/ Margarine Beets & White Bread Seasonal Fresh Fruit Milk	4 Faschnaut Day! Chicken Bacon Carbonara (Chicken, Bacon) Pasta California Blend Vegetables Breadstick & Milk Mandarin Oranges	5 Ash Wednesday! Vegetable Lasagna Topped w/ Cream Sauce Tossed Salad w/ Dressing Garlic Breadstick Fruit Cocktail & Milk	6 Goulash Brussel Sprouts Peaches Italian Bread Chocolate Milk	7 Tuna Salad Sandwich Bean Soup Coleslaw Fresh Fruit Milk
10 Pot Roast w/ Gravy Mashed Potatoes Mixed Vegetables Wheat Bread Chocolate Pudding & Milk	11 Sweet & Sour Pork over Rice Broccoli & Cauliflower Blend Dinner Roll Fresh Fruit Milk	12 Open Faced Turkey Sandwich w/ Gravy Whipped Potatoes w/ Chives Sweet Corn Cookie & Milk	13 Italian Burger(Peppers, Onions, White Cheese) Creamy Potato Soup Seasonal Fresh Fruit Chocolate Milk	<p style="text-align: center;">CLOSED PIZZA PARTY</p>
17 Happy St. Patrick's Day! Corned Beef Cabbage Parsley Potatoes Rye Bread Pistachio Fluff & Milk	18 Grilled Chicken Salad (Chicken, Cheddar, Hard Boiled Eggover Mixed Greens) Cream of Broccoli Soup Dinner Roll & Fruited Gelatin	19 Cajun Chicken Alfredo Creamy Pasta Peas & Breadstick Pineapple Milk	20 Burgundy Glazed Meatballs Rice Carrots Italian breadstick Fresh Orange & choc. Milk	21 Creamy Egg Salad Sandwich Lettuce & Tomato Cream of Cauliflower Soup Applesauce Cookie & Milk
24 Creamy Parmesan PorkChop Cubed Potatoes Carrots Wheat Bread & Milk Choc chip cake w/ topping	25 Pizza Burger (Sauce, Mozzarella) Lemon Buttered Noodles Brussel Sprouts Applesauce & Milk	26 Chicken Bruschetta Pesto Pasta Capri Blend Vegetables Dinner Roll Fresh Fruit & Milk	27 Lasagna w/ Meat Sauce Tossed Salad w/ Tomato Green Beans Garlic Breadstick Fresh Fruit & Choc. Milk	28 Baked Crab Cake Tomato Basil Bisque California Blend Vegetables White Bread Fruit crisp & Milk
31 Chicken & Dumplings Mixed Vegetables Whole Grain Buttermilk Biscuit & Milk & Orange				<p style="text-align: center;">Menu subject to change</p>

Mechanicsburg Place

Activity Calendar

April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 am Egg Making 9:00 am Billiards 10:00 am Games/Cards	2 9:00 am Billiards 10:00 am Healthy Steps 12:00 noon Butterfly Craft 12:00 noon Dice/Card games NO STRUGGLING MUSICIANS	3 9:00 am Egg Making 9:00 am Billiards 10:00 am Chair Yoga-DVD 12:00 Blood Pressure 12:00 noon Dice/Card games	4 9:00 am Billiards 10:00 am Line Dancing 12:30 pm Bingo w/Anne Marie 1:30 pm Cards/Games
7 10:00 am Devotions 12:00 noon Games/Cards 12:30 pm Tai Chi for Arthritis/Fall Prevention-\$3/pp	8 9:00 am Egg Making 9:00 am Billiards 10:00 am Games/Cards	9 9:00 am Billiards 10:00 am Healthy Steps 12:00 noon Struggling Musicians 12:00 noon Dice/Card games	10 9:00 am Egg Making 9:00 am Billiards 10:00 am Tai Chi-DVD 12:00 noon Blood Pressure 12:00 noon Dice/Card game	11 9:00 am Billiards 10:00 am Line Dancing 12:30 pm Bingo w/Lauren 1:30 pm Cards/Games
14 10:00 am Devotions 12:00 noon Easter Egg Craft 12:00 noon Games/Cards 12:30 pm Tai Chi for Arthritis/Fall Prevention-\$3/pp	15 9:00 am Billiards 10:00 am Games/Cards	16 9:00 am Billiards 10:00 am Healthy Steps 12:00 noon Struggling Musicians 12:00 noon Dice/Card games	17 9:00 am Billiards 10:00 am Chair Yoga-DVD 12:00 noon Blood Pressure 12:00 noon Dice/Card game	18 <p style="text-align: center;">CLOSED GOOD FRIDAY</p>
21 10:00 am Devotions 12:00 noon Games/Cards 12:30 pm Tai Chi for Arthritis/Fall Prevention-\$3/pp	22 9:00 am Billiards 10:00 am Games/Cards	23 <p style="text-align: center;">CLOSED SENATORS GAME</p>	24 9:00 am Billiards 10:00 am Tai Chi-DVD 12:00 noon Blood Pressure 12:00 noon Dice/Card game	25 <p style="text-align: center;">CLOSED DOUBLING GAP 9AM - 2PM</p>
28 10:00 am Devotions 12:00 noon Games/Cards 12:30 pm Tai Chi for Arthritis/Fall Prevention-\$3/pp	29 9:00 am Billiards 10:00 am Games/Cards	30 9:00 am Billiards 10:00 am Healthy Steps 12:00 noon Struggling Musicians 12:00 noon Dice/Card games		<p style="text-align: center;">Activities are subject to change due to team member availability, weather, and other conditions beyond our control.</p>

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Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Grilled Chicken Salad (Chicken, Cheddar, HB Egg, Mixed Greens) Cream of Broccoli Soup Dinner Roll Fruited Gelatin	2 Cabbage Roll Garlic Whipped Potatoes Carrots White Bread Seasonal Fresh Fruit	3 Western Omelet w/ Peppers, Onions, Cheese Sausage Patty Breakfast Potatoes English Muffin w/ Jelly Apple Juice	4 Baked Crab Cake Tomato Basil Soup California Blend Vegetables Wheat Bread Pudding
7 Baked Meatloaf w/ Gravy Baked Potato w/ Margarine Pickled Hot Beets White Bread Seasonal Fresh Fruit	8 Balsamic Chicken Rosemary White Beans Tomatoes & Zucchini Garlic Breadstick Pineapple Tidbits	9 BBQ Chicken Breast Country Collard Greens Baked Beans Dinner Roll Seasonal Fresh Fruit	10 Easter Meal! Baked Ham Pasta Creamed Corn Dinner Roll Carrot Cake w/ Icing	11 Vegetable Lasagna Tossed Salad w/ Egg Green Beans Dinner Roll Cookie
14 Salisbury Steak w/Gravy Baked Potato w/ Margarine Broccoli Wheat Bread Gelatin	15 Potato Crusted Fish Macaroni & Cheese Stewed Tomatoes Wheat Bread Fresh Fruit	16 Kielbasa w/ Sauerkraut Homemade Haluski Brussel Sprouts Applesauce	17 Cheeseburger BBQ Baked Beans Hamburger Bun Tossed Salad w/ Tomato Mandarin Oranges	18 <p style="text-align: center;">CLOSED GOOD FRIDAY</p>
21 Sweet & Sour Pork Brown Rice Broccoli & Cauliflower Blend Wheat Bread Fresh Fruit	22 Turkey Chef Salad (Turkey, Egg, Cheddar, Mixed Greens w/ Tomato) Vegetable Soup Dinner Roll	23 <p style="text-align: center;">CLOSED SENATORS GAME</p>	24 Sausage Gravy Biscuit Egg Bite Diced Potatoes Orange Juice	25 <p style="text-align: center;">CLOSED DOUBLING GAP 9AM - 2PM</p>
28 Open Faced Turkey Sandwich w/ Gravy Whipped Potatoes w/ Chives Sweet Corn White Bread Cookie	29 Taco Salad (Taco Meat, Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips Tortilla Soup Pineapple	30 Pasta & Meatballs Pasta w/ Marinara Tossed Salad w/ Tomato Italian Bread Mixed Fruit Salad		<p style="text-align: center;">Menu subject to change</p>