Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 Greek Chicken Garlic Butter Baked Cod Mediterranean Orzo Lemon Asparagus	30 Herb Roasted Turkey Breast BBQ Pork Chop Cheddar Mashed Potatoes Parslied Carrots	31 Pork Paprika Lemon Mustard Chicken Garlic Noodles Zucchini and Tomatoes	1 Roast Pork Loin Sauerkraut Mashed Potatoes Vegetable	2 Blackened Chicken Breast Garlic Shrimp Parslied Potatoes Broccoli w/Red Peppers	3 Broiled Lemon Cod Beef Pot Roast Garlic Mashed Potato Seasoned Green Beans	4 Crispy Pork Loin Honey Lemon Chicken Scalloped Potatoes Seasoned Spinach
5 Smothered Chicken Italian Pasta Bake Roasted Red Potatoes Glazed Carrots	6 Herb Roasted Chicken Popcorn Shrimp Po Boy White and Wild Rice Blend Seasoned Broccoli	7 Ginger Roast Pork Loin Spaghetti w/Meat Sauce Dijon Red Potatoes Lemon Asparagus	8 Tarragon Roast Chicken Maple Salmon New Lemon Potatoes Succotash	9 Meatloaf w/Gravy Roast Turkey Breast Buttermilk Mashed Potatoes Buttered Peas	10 BBQ Chicken Thighs Crab Cakes Crispy Potato Wedges Confetti Corn	11 Ham Loaf w/Pineapple Glaze Cornflake Chicken Mashed Potatoes Seasoned Green Beans
12 Beef Stroganoff Turkey with Dijon Sauce Parslied Noodles Seasoned Spinach	13 Shrimp Scampi Stuffed Bell Pepper Fluffy Rice Stir Fried Vegetables	14 Caprese Chicken Honey Roast Pork Loin Garlic Noodles Balsamic Brussel Sprouts	15 Herb Roasted Salmon Pot Roast Herb Potatoes Italian Vegetables	16 Roasted Turkey Potato Chive Crusted Cod Mashed Potatoes Cream style Corn	17 Parmesan Chicken Seafood Newburg Herbed Penne Pasta Dilled Peas	18 Chicken Pot Pie Dijon Glazed Pork Chop Cheddar Mashed Potatoes Seasoned Zucchini
19 Chicken Paprikash Vegetable Lasagna Baked Potato Seasoned Green Beans	20 Honey Citrus Salmon Country Fried Steak Fluffy Rice Capri Vegetables	21 Pineapple BBQ Chicken Salisbury Steak with Gravy Buttermilk Mashed Potatoes Brussels Sprouts with Bacon Broiled Parmesan Tomatoes	22 Stuffed Chicken Breast Baked Fish with Dill Sauce Garlic Potato Wedges Corn Cobbette	23 Roast Turkey with Gravy Beef Brisket Au Gratin Potatoes Parslied Carrots	24 Spaghetti & Meat Sauce Lemon & Herb Baked Cod Buttered Spaghetti Sicilian Vegetables	25 Homestyle Chicken Tenders Root Beer Ribs Baked Beans Parsley Cauliflower
26 Greek Chicken Garlic Butter Baked Cod Mediterranean Orzo Lemon Asparagus	27 Herb Roasted Turkey Breast BBQ Pork Chop Cheddar Mashed Potatoes Parslied Carrots	28 Pork Paprika Lemon Mustard Chicken Garlic Noodles Zucchini and Tomatoes	29 Stuffed Chicken Breast Baked Fish with Dill Sauce Garlic Potato Wedges Corn Cobbette	30 Blackened Chicken Breast Garlic Shrimp Alfredo Pasta Broccoli w/Red Peppers	31 Broiled Lemon Cod Beef Pot Roast Garlic Mashed Potato Seasoned Green Beans	1 Crispy Pork Loin Honey Lemon Chicken Scalloped Potatoes Seasoned Spinach

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 Open Faced Roast Beef Sandwich Quiche Lorraine Roasted Potato Wedges Steamed Broccoli & Cauliflower	30 Hot Dog Fried Fish Sandwich French Fries Seasoned Broccoli	31 Shepards Pie Grilled Chicken Sandwich Potato Salad Southwest Black Beans	1 Roast Pork Loin Sauerkraut Mashed Potatoes Vegetable	2 Corned Beef and Swiss Melt Beef Lasagna Steak Cut Fries Creamed Peas	3 Pesto Grilled Cheese and Tomato Sandwich Sausage and Peppers Potato Wedges Vegetable Medley	4 Meatball Hoagie Hawaiian Turkey Burger Tater Tots Garlic Green Beans
5 Polish Sausage on a Bun Tuna Noodle Casserole Pierogi with Onions Zucchini and Yellow Squash	6 BBQ Beef Sandwich Spinach Quiche Baked Sweet Potato Yellow Corn	7 Italian Deli Wrap Stuffed Shells French Fries Cauliflower and Red Peppers	8 Cheese and Vegetable Quesadilla Chicken Quesadilla Southwest Corn White Rice	9 Shaker Pork Sandwich Broccoli Cheese Stuffed Chicken French Fries Coleslaw	10 Italian Beef Sandwich Cheddar Tuna Melt Kettle Chips Pickle Spear	11 BBQ Pork Sandwich Chicken Tenders Baked Beans Zucchini and Pimentos
12 Cheeseburger Salmon Burger Whipped Sweet Potato Vegetable Medley	13 Buffalo Chicken Sandwich Sloppy Joe Sandwich Warm German Potato Salad Seasoned Green Beans	14 Beef and Cider Stew Eggplant Parmesan Linguine French Fries	15 Philly Cheesesteak Chicken Tenders Oven Browned Potatoes Zucchini and Squash Medley	16 Smoked Brisket Patty Melt Potstickers Dill Potato Salad Vegetable Medley	17 Beer Battered Cod Ham and Swiss Hot Grinder Baked Potato Steamed Broccoli	18 BBQ Pork Sandwich Turkey Club Sandwich Macaroni and Cheese Stewed Tomatoes
19 Meatloaf with Gravy Open Face Turkey Sandwich Mashed Potatoes Plain Peas	20 Meatball Hoagie Chicken Caesar Wrap Broccoli Slaw Potato Wedges	21 Italian Sub Sandwich Crab Cake Sandwich Sweet Potato Fries Vegetable Medley	22 French Dip Sandwich Chicken Ranch Sandwich Tater Tots Capri Vegetable Medley	23 Ham and Cheese Melt Turkey and Swiss Melt Kettle Chips Pickle	24 Fish and Chips Fried Shrimp French Fries Buttered Green Beans	25 Beef Taco Salad Kielbasa and Sauerkraut Parslied Potatoes Yellow Corn
26 Open Faced Roast Beef Sandwich Quiche Lorraine Roasted Potato Wedges Steamed Broccoli & Cauliflower	27 Hot Dog Fried Fish Sandwich French Fries Seasoned Broccoli	28 Shepards Pie Grilled Chicken Sandwich Potato Salad Southwest Black Beans	29 Hot Turkey Sandwich Beef Chili White Rice Buttered Corn	30 Corned Beef and Swiss Melt Beef Lasagna Steak Cut Fries Creamed Peas	31 Pesto Grilled Cheese and Tomato Sandwich Sausage and Peppers Potato Wedges Vegetable Medley	1 Meatball Hoagie Hawaiian Turkey Burger Tater Tots Garlic Green Beans