

# Mechanicsburg Place

## Activity Calendar

January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Activities are subject to change due to team member availability, weather, and other conditions beyond our control</p>		<p><b>1</b>            CLOSED            New Year's Day</p>	<p><b>2</b>            CLOSED            Maintenance            New Floor</p>	<p><b>3</b>            CLOSED            Field Trip            Knight &amp; Day Diner for lunch            Leave 10:00 am            Last day to register Dec. 27</p>
<p><b>6</b>            CLOSED            Field Trip            PA Farm Show            Leave 9:00 am            Last day to register Dec. 27</p>	<p><b>7</b>            CLOSED            Field Trip            Hershey Choc World            Fuddruckers for lunch            Leave 9:00 am            Last day to register Dec. 27</p>	<p><b>8</b>            CLOSED            Maintenance            New Floor</p>	<p><b>9</b>            CLOSED            Maintenance            New Floor</p>	<p><b>10</b>            CLOSED            Field Trip            Martin's Potato Rolls Factory            Cracker Barrel for lunch            Leave 9:00 am            Last day to register Dec. 27</p>
<p><b>13</b>            CLOSED            Maintenance            New Floor</p>	<p><b>14</b>            CLOSED            Field Trip            The Barn Resort for lunch            Leave 10:30 am            Last day to register Dec. 27</p>	<p><b>15</b>            CLOSED            Maintenance            New Floor</p>	<p><b>16</b>            CLOSED            Maintenance            New Floor</p>	<p><b>17</b>            CLOSED            Maintenance            New Floor</p>
<p><b>20</b>            CLOSED            Martin Luther King Day</p>	<p><b>21</b>            9:00 am   Egg Making            9:00 am   Billiards            10:00 am   Games/Cards</p>	<p><b>22</b>            9:00 am   Billiards            10:00 am   Healthy Steps            12:00 Noon   Struggling Musicians            12:00 Noon   Dice/Card games</p>	<p><b>23</b>            9:00 am   Egg Making            9:00 am   Billiards            10:00 am   Tai Chi-DVD            12:00 Noon   Dice/Card game</p>	<p><b>24</b>            9:00 am   Billiards            10:00 am   Line Dancing            12:00 Noon   Presentation w/VibraLife            12:30 pm   Bingo H.Wilson            1:30 pm   Cards/Games</p>
<p><b>27</b>            10:00 am   Devotions            11:00 am   Blood pressure            12:00 Noon   Games/Cards            12:30 pm   Tai Chi for Arthritis/Fall Prevention- \$3/pp</p>	<p><b>28</b>            9:00 am   Egg Making            9:00 am   Billiards            10:00 am   Games/Cards</p>	<p><b>29</b>            9:00 am   Billiards            10:00 am   Healthy Steps            12:00 Noon   Struggling Musicians            12:00 Noon   Dice/Card games</p>	<p><b>30</b>            9:00 am   Egg Making            9:00 am   Billiards            10:00 am   Chair Yoga-DVD            12:00 Noon   Dice/Card game</p>	<p><b>31</b>            9:00 am   Billiards            10:00 am   Line Dancing            12:30 pm   Bingo w/Anne Marie            1:30 pm   Cards/Games</p>

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## Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Menu subject to change		<b>1</b> CLOSED New Year's Day	<b>2</b> CLOSED Maintenance New Floor	<b>3</b> CLOSED Field Trip Knight & Day Diner for lunch Leave 10:00 am Last day to register Dec. 27
<b>6</b> CLOSED Maintenance New Floor	<b>7</b> CLOSED Field Trip Hershey Choc World Fuddruckers for lunch Leave 9:00 am Last day to register Dec. 27	<b>8</b> CLOSED Maintenance New Floor	<b>9</b> CLOSED Maintenance New Floor	<b>10</b> CLOSED Field Trip Martin's Potato Rolls Factory Cracker Barrel for lunch Leave 9:00 am Last day to register Dec. 27
<b>13</b> CLOSED Maintenance New Floor	<b>14</b> CLOSED Field Trip The Barn Resort for lunch Leave 10:30 am Last day to register Dec. 27	<b>15</b> CLOSED Maintenance New Floor	<b>16</b> CLOSED Maintenance New Floor	<b>17</b> CLOSED Maintenance New Floor
<b>20</b> CLOSED Martin Luther King Day	<b>21</b> Sweet & Sour Pork over Rice Broccoli & Cauliflower Blend Dinner Roll Fresh Fruit & Milk	<b>22</b> BBQ Pork Ribette on Roll Hash Brown Cubes Green Beans Pineapple Delight & Milk	<b>23</b> Open- Faced Turkey Sandwich w/ Gravy Whipped Potatoes w/ Chives Sweet Corn Cookie & Milk	<b>24</b> Italian Burger on roll (Peppers, Onions, White Cheese) Creamy Potato Soup Seasonal Fresh Fruit Milk
<b>27</b> Cajun Shrimp Creamy Pasta Peas & Breadstick Pineapple & Milk	<b>28</b> Grilled Chicken Salad (Chicken, Cheddar, HB Egg over Mixed Greens) Cream of Broccoli Soup Dinner Roll & Milk Fruited Gelatin	<b>29</b> Burgundy Glazed Meatballs Rice Carrots Italian Breadstick Fresh Orange & Milk	<b>30</b> Western Omelet w/Peppers, Onions, Cheese Sausage Patty Breakfast Potatoes English Muffin w/ Jelly 4oz Apple Juice & Milk	<b>31</b> Open Faced Roast Beef Gravy Mashed Potatoes Mixed Vegetables Pudding & Milk

# Mechanicsburg Place

## Activity Calendar

February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> 10:00 am   Devotions 11:00 am   Blood pressure 12:00 Noon   Valentine Craft 12:30 pm   Tai Chi for Arthritis/Fall Prevention-\$3/pp	<b>4</b> 9:00 am   Egg Making 9:00 am   Billiards 10:00 am   Games/Cards	<b>5</b> 9:00 am   Billiards 10:00 am   Healthy Steps 12:00 Noon   Nutrition Presentation 1:00 pm   Board games/Cards (NO Struggling Musicians)	<b>6</b> 9:00 am   Egg Making 9:00 am   Billiards 10:00 am   Chair Yoga-DVD 1:00 pm   Dice/Card games	<b>7</b> 9:00 am   Billiards 10:00 am   Line Dancing 12:30 pm   Bingo w/Bella 1:30 pm   Cards/Games
<b>10</b> 10:00 am   Devotions 11:00 am   Blood pressure 12:00 Noon   Games/Cards 12:30 pm   Tai Chi for Arthritis/Fall Prevention-\$3/pp	<b>11</b> 9:00 am   Egg Making 9:00 am   Billiards 10:00 am   Games/Cards 12:00 Noon   Heart Presentation w/Jessica	<b>12</b> 9:00 am   Billiards 10:00 am   Healthy Steps 12:00 Noon   Struggling Musicians 12:00 Noon   Board games/Cards	<b>13</b> 9:00 am   Egg Making 9:00 am   Billiards 10:00 am   Tai Chi by DVD 12:00 Noon   Dice/Card games	<b>14</b> CLOSED Valentine's Day Potluck Bring your Valentine's Cards Wear your PJs Must register by 2/7
<b>17</b> CLOSED Presidents' Day	<b>18</b> 9:00 am   Egg Making 9:00 am   Billiards 10:00 am   Games/Cards 12:00 Noon   Story Time w/Mary	<b>19</b> 9:00 am   Billiards 10:00 am   Healthy Steps 12:00 Noon   Struggling Musicians 12:00 Noon   Board games/Cards	<b>20</b> 9:00 am   Egg Making 9:00 am   Billiards 10:00 am   Chair Yoga-DVD 1:00 pm   Dice/Card games	<b>21</b> 9:00 am   Billiards 10:00 am   Line Dancing 12:30 pm   Bingo w/Laurel 1:30 pm   Cards/Games
<b>24</b> 10:00 am   Devotions 11:00 am   Blood pressure 12:00 Noon   Games/Cards 12:30 pm   Tai Chi for Arthritis/Fall Prevention-\$3/pp	<b>25</b> 9:00 am   Egg Making 9:00 am   Billiards 10:00 am   Games/Cards	<b>26</b> 9:00 am   Billiards 10:00 am   Healthy Steps 12:00 Noon   Struggling Musicians 12:00 Noon   Board games/Cards	<b>27</b> 9:00 am   Egg Making 9:00 am   Billiards 10:00 am   Tai Chi by DVD 12:00 Noon   Dice/Card game	<b>28</b> 9:00 am   Billiards 10:00 am   Line Dancing 12:30 pm   Bingo w/John & Lauren 1:30 pm   Cards/Games

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## Menu

February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Creamy Parmesan Pork Chop Cubed Potatoes Cauliflower Wheat Bread Cake w/ Icing & Milk	<b>4</b> Pizza Burger (Sauce, Mozzarella) Lemon Buttered Orzo Brussel Sprouts Gelatin & Milk	<b>5</b> Chicken Bruschetta Pesto Pasta Capri Blend Vegetables Dinner Roll Fresh Fruit & Milk	<b>6</b> Lasagna w/ Meat Sauce Tossed Salad w/ Tomato Green Beans Garlic Breadstick Fresh Fruit & Chocolate Milk	<b>7</b> Baked Crab Cake Tomato Basil Bisque California Blend Vegetables White Bread & Milk Cinnamon applesauce
<b>10</b> Chicken & Dumplings Mixed Vegetables Whole Grain Buttermilk Biscuit Fresh Orange & Milk	<b>11</b> Baked Cabbage Roll w/ Tomato Sauce Garlic Whipped Potatoes Carrots & Dinner Roll Fresh Fruit & Milk	<b>12</b> Stadium Hot Dog Cheesy Potatoes Pineapple & Mandarin Oranges (Ketchup, Mustard, Relish) Milk	<b>13</b> Salisbury Steak w/ Gravy Baked Potato w/ Margarine Broccoli Wheat Bread Gelatin & Chocolate Milk	<b>14</b> <p style="text-align: center;"><b>CLOSED</b>  <b>Valentine's Day</b>  <b>Potluck</b>  <b>Wear your PJs</b></p>
<b>17</b> <p style="text-align: center;"><b>CLOSED</b>  <b>Presidents' Day</b></p>	<b>18</b> Swedish Meatballs w/ Gravy Buttered Noodles Peas Dinner Roll Blushed Pears & Milk	<b>19</b> Chili w/Cheddar Cheese Tossed Salad w/ Tomato Cornbread Applesauce Milk	<b>20</b> Baked Fish Macaroni & Cheese Stewed Tomatoes Wheat Bread Seasonal Fresh Fruit Chocolate Milk	<b>21</b> Taco Salad (Taco Meat,Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips Tortilla Soup Pineapple & Milk
<b>24</b> Sloppy Joe Baked Potato Green Beans Fresh Fruit Milk	<b>25</b> Popcorn Chicken w/ Gravy Whipped Potatoes Corn Biscuit Peaches Milk	<b>26</b> Stuffed Pepper w/ Tomato Sauce Garlic Whipped Potatoes Carrots White Bread Pudding & Milk	<b>27</b> Turkey Chef Salad (Turkey, Egg, Cheddar, over Mixed Greens w/ Tomato) Vegetable Soup Dinner Roll Fresh Fruit & Chocolate Milk	<b>28</b> Chicken Alfredo Noodles Broccoli Garlic Breadstick Apple Cranberry Crisp Milk

**Menu subject  
to change**