Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Greek Chicken Garlic Butter Baked Cod Mediterranean Orzo Lemon Asparagus	2 Herb Roasted Turkey Breast BBQ Pork Chop Cheddar Mashed Potatoes Parslied Carrots	3 Pork Paprika Lemon Mustard Chicken Garlic Noodles Zucchini and Tomatoes	4 Herb Roasted Salmon Beef Vegetable Stir Fry Confetti Rice Scandinavian Blend Vegetables	5 Blackened Chicken Breast Garlic Shrimp Alfredo Pasta Broccoli w/Red Peppers	6 Broiled Lemon Cod Beef Pot Roast Garlic Mashed Potato Seasoned Green Beans	7 Crispy Pork Loin Honey Lemon Chicken Scalloped Potatoes Seasoned Spinach
8 Smothered Chicken Italian Pasta Bake Roasted Red Potatoes Glazed Carrots	9 Herb Roasted Chicken Popcorn Shrimp Po Boy White and Wild Rice Blend Seasoned Broccoli	10 Chimichurri Pork Loin Spaghetti w/Meat Sauce Dijon Red Potatoes Lemon Asparagus	11 Tarragon Roast Chicken Baked Pollock w/Roasted Tomatoes New Lemon Potatoes Succotash	12 Meatloaf w/Gravy Roast Turkey Breast Buttermilk Mashed Potatoes Buttered Peas	13 BBQ Chicken Thighs Crab Cakes Crispy Potato Wedges Confetti Corn	14 Ham Loaf w/Pineapple Glaze Cornflake Chicken Mashed Potatoes Seasoned Green Beans
15 Beef Stroganoff Turkey with Dijon Sauce Parslied Noodles Seasoned Spinach	16 Shrimp Scampi Stuffed Bell Pepper Fluffy Rice Stir Fried Vegetables	17 Caprese Chicken Honey Roast Pork Loin Garlic Noodles Balsamic Brussel Sprouts	18 Herb Roasted Salmon Pot Roast Herb Potatoes Italian Vegetables	19 Roasted Turkey Potato Chive Crusted Cod Mashed Potatoes Cream style Corn	20 Parmesan Chicken Seafood Newburg Herbed Penne Pasta Dilled Peas	21 Chicken Pot Pie Dijon Glazed Pork Chop Cheddar Mashed Potatoes Seasoned Zucchini
22 Chicken Paprikash Vegetable Lasagna Baked Potato Seasoned Green Beans	23 Honey Citrus Salmon Chicken Marsala Fluffy Rice Capri Vegetables	24 Pineapple BBQ Chicken Salisbury Steak with Gravy Buttermilk Mashed Potatoes Brussels Sprouts with Bacon Broiled Parmesan Tomatoes	25 Christmas Meal	26 Roast Turkey with Gravy Beef Brisket Au Gratin Potatoes Parslied Carrots	27 Spaghetti & Meat Sauce Lemon & Herb Baked Cod Buttered Spaghetti Sicilian Vegetables	28 Homestyle Chicken Tenders Root Beer Ribs Baked Beans Parsley Cauliflower
29 Greek Chicken Garlic Butter Baked Cod Mediterranean Orzo Lemon Asparagus	30 Herb Roasted Turkey Breast BBQ Pork Chop Cheddar Mashed Potatoes Parslied Carrots	31 Pork Paprika Lemon Mustard Chicken Garlic Noodles Zucchini and Tomatoes	1 Happy New Year! Pork and Kraut Meal	2 Blackened Chicken Breast Garlic Shrimp Alfredo Pasta Broccoli w/Red Peppers	3 Broiled Lemon Cod Beef Pot Roast Garlic Mashed Potato Seasoned Green Beans	4 Crispy Pork Loin Honey Lemon Chicken Scalloped Potatoes Seasoned Spinach

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Open Faced Roast Beef Sandwich Quiche Lorraine Roasted Potato Wedges Steamed Broccoli & Cauliflower	2 Hot Dog Fried Fish Sandwich French Fries Seasoned Broccoli	3 Shepards Pie Grilled Chicken Sandwich Potato Salad Southwest Black Beans	4 Southwestern Turkey Wrap Beef Chili White Rice Buttered Corn	5 Corned Beef and Swiss Melt Beef Lasagna Steak Cut Fries Creamed Peas	6 Pesto Grilled Cheese and Tomato Sandwich Sausage and Peppers Potato Wedges Vegetable Medley	7 Meatball Hoagie Hawaiian Turkey Burger Tater Tots Garlic Green Beans
8 Polish Sausage on a Bun Tuna Noodle Casserole Pierogi with Onions Glazed Carrots	9 BBQ Beef Sandwich Spinach Quiche Baked Sweet Potato Yellow Corn	10 Italian Deli Wrap Stuffed Shells French Fries Cauliflower and Red Peppers	11 Cheese and Vegetable Quesadilla Chicken Quesadilla Southwest Corn White Rice	12 Shaker Pork Sandwich Broccoli Cheese Stuffed Chicken French Fries Coleslaw	13 Italian Beef Sandwich Cheddar Tuna Melt Kettle Chips Pickle Spear	14 BBQ Pork Sandwich Chicken Tenders Baked Beans Zucchini and Pimentos
15 Cheeseburger Salmon Burger Whipped Sweet Potato Vegetable Medley	16 Buffalo Chicken Sandwich Sloppy Joe Sandwich Warm German Potato Salad Seasoned Green Beans	17 Beef and Cider Stew Eggplant Parmesan Linguine French Fries	18 Philly Cheesesteak Chicken Tenders Oven Browned Potatoes Zucchini and Squash Medley	19 Smoked Brisket Patty Melt Potstickers Dill Potato Salad Vegetable Medley	20 Beer Battered Cod Ham and Swiss Hot Grinder Baked Potato Steamed Broccoli	21 BBQ Pork Sandwich Turkey Club Sandwich Macaroni and Cheese Stewed Tomatoes
22 Meatloaf with Gravy Open Face Turkey Sandwich Mashed Potatoes Plain Peas	23 Meatball Hoagie Chicken Caesar Wrap Broccoli Slaw Potato Wedges	24 Italian Sub Sandwich Crab Cake Sandwich Sweet Potato Fries Vegetable Medley	25 Christmas Meal	26 Ham and Cheese Melt Turkey and Swiss Melt Kettle Chips Pickle	27 Fish and Chips Fried Shrimp French Fries Buttered Green Beans	28 Beef Taco Salad Kielbasa and Sauerkraut Parslied Potatoes Yellow Corn
29 Open Faced Roast Beef Sandwich Quiche Lorraine Roasted Potato Wedges Steamed Broccoli & Cauliflower	30 Hot Dog Fried Fish Sandwich French Fries Seasoned Broccoli	31 Shepards Pie Grilled Chicken Sandwich Potato Salad Southwest Black Beans	1 Southwestern Turkey Wrap Beef Chili White Rice Buttered Corn	2 Corned Beef and Swiss Melt Beef Lasagna Steak Cut Fries Creamed Peas	3 Pesto Grilled Cheese and Tomato Sandwich Sausage and Peppers Potato Wedges Vegetable Medley	4 Meatball Hoagie Hawaiian Turkey Burger Tater Tots Garlic Green Beans