



**Modified Wellness Schedule - Monday, June 13**  
Open 10:00 am - 5:00 pm

Virtual Fitness Classes and Personal Training sessions **are available.**

**Pool:**

10:00 am: Lap Swim

11:00 am: SilverSneakers Splash

12:00 - 12:30 pm: POOL CLOSED

12:30 pm: Aquacise & Balance

1:30 pm: Water Walking

2:30 pm: Lap Swim

3:30 pm: Open Swim

**Village Square Fitness Studio:**

10:00 am: Chair Volleyball

12:30 pm: SilverSneakers Classic

3:00 pm: Golden Orbit