



PPE – Mask & Face Shield Guidance

Help prevent exposures and additional positives by wearing your PPE correctly. Remember – if you become positive for COVID-19 and contact tracing occurs, anyone who was **within 6 ft of you for a cumulative total of 15 minutes or more within a 24 hour period without one of you having a mask AND face shield on** has been exposed and may be required to quarantine.

→ Read more details on [quarantine/exposure guidance here](#)



Masks and face shields **MUST** be worn correctly; covering your mouth, nose and eyes at all times. Masks must be **WELL FITTING**. If a mask is large for your face or has gaps, twist the ear loops to create a better fit. Face shields may not be on the top of your head where they do not protect your eyes (a portal of entry for germs).

Direct Care team members or ANY team member entering Nursing or EL

- **What:** **Vaccinated** - Procedure mask (provided by Messiah Lifeways) and face shield
Unvaccinated - N95 and face shield. **Exposed and permitted to work** - N95 and face shield.
 - Use a new mask at the start of every shift or if it becomes soiled
 - All team members should have received their own face shield to decontaminate and reuse each day - if you need a new one, please see your supervisor or Guest Services.
*Save the glasses portion of your face shield – there are replacements of just the shields available at Guest Services.
- **When:** Every day while there are high or substantial rates of transmission

All other Messiah Lifeways team members:

- **What:** Procedure mask (provided by Messiah Lifeways); **Exposed and permitted to work:** N95 mask and face shield; **Unvaccinated:** N95 mask when in direct contact with residents or clients.
 - Use a new procedure mask at the start of every shift or if it becomes soiled.

- While procedure masks are the minimum requirement, N95s are available for those who prefer
- **When:** Every day while there are high or substantial rates of transmission; Anytime when not alone in your office or in your workspace where there is more than 6 feet separation between you and anyone else in that area.

Red Zone staff or any team member entering the room of a resident that is suspected for or being tested for Covid (yellow caddy on door with sign for N95, face shield, gown, gloves):

- **What:** N95 mask (provided by Messiah Lifeways, **MUST** be the one you are fit tested for) and face shield, gown & gloves
 - From the CDC: [How to use your N95](#)
 - Use a new N95 mask at the start of every shift or if it becomes soiled and each time you exit the red zone and before re-entering.
 - All team members should have received their own face shield to decontaminate and reuse each day - if you need a new one, please see your supervisor or Guest Services.
*Save the glasses portion of your face shield – there are replacements of just the shields available at Guest Services.
- **Why:** Team members fall into a high risk category of those that may contract or spread Covid-19. Wearing proper PPE will decrease droplet exposure and risk of spread.
- **When:** Every day.

Additional resources:

Please refer to this linked document for proper N95 use and replacement.

[N95 Mask Use/Replacement](#)

Please refer to this linked document for face shield disinfection guidance.

[Face Shield Info](#)